

Post's Patriotic Pride Displayed at America 250 Celebration



LEGION CHAPLAIN*Tim Karlson*

Hi everyone, what a great turnout for our country's 250th anniversary. With this country's division these days, it made my heart go pitter-patter to see there is still American spirit!

With great sadness I must mention the passing of **Travis Beesinger** (aka Mark Twain). He was a roommate of Rocky Mountain, both electricians of for our Post. Travis' Memorial Service is Saturday, August 8th at 4:00 p.m. Please attend.

Our troops are getting a workout over in Iran. Please remember them in your prayers. They are doing a great job and we should all appreciate it!

My prayer for the month:

Dear Lord, protect our troops in this time of turmoil. Without them, we would not have such a great country. I trust in you, as all of us should. Watch over all of us, and protect our country during these trying times and bring us through these times triumphant and strong! Amen.

COMMANDER'S REPORT*Russ Scott*

I need to clarify something up front. If you have any complaints please get with the person in charge, not with the general membership. All that does is get rumors started and assumptions run wild. The volunteers that work hard are not in charge and don't need, or want, your grief. They need your support for often doing a thankless job and supporting the Post with their time and talents. Please get with the correct people to voice any complaints.

Speaking of volunteers, the Post cannot function without them. Many volunteer on numerous occasions to get things done. Many things would not be possible or feasible without the volunteers of the Post. Please consider volunteering and become part of what the Post is doing.

At this point, I can recommend people volunteering to help with the meals that the Post is serving. Saturday morning breakfasts and Wednesday dinners are both good options for service. See the sign up sheet around the corner from the pickle cage. Many functions need more volunteers that are able to help; such as celebrations of life, birthdays of members, and special occasions.

Another opportunity is helping out by doing the bread run (Monday- Wednesday- Friday) when the regular volunteer is unable to complete the task. Most of the time you would be done around 8:15 in the morning. See me for more information and questions you may have.

Parking on the east side of the building along Simms is getting better. There are still some people who drive an SUV and park in those spots. That parking area is for compact cars only. Not SUVs or larger ve-



Get Screened For Stroke and Heart Disease Risk

Screening Includes

- Carotid Artery
- Abdominal Aortic Aneurysm
- Atrial Fibrillation
- Peripheral Arterial Disease

Wednesday, August 19

POST 178

Registration Required

800-324-9458

Promo Code: HABC001

hicles. This is a safety issue because people can't see Simms street clearly when leaving the north and south parking areas. Thank you for your cooperation in this matter.

Thank you to **Mitch Moore** for arranging to have the **All American Big Band** perform at our post on July 3rd. The music was fantastic and a great time was had by all. Thanks again Mitch!! Looking forward to having them again soon!!

BUSINESS REPORT

Bob Heer

Don't forget that we are hosting **Life Line Screening** on Wednesday August 19th.

You must call 800-324-9458 and use code:

HABC001 to make your reservation.

Big thanks to **Chuck Washington** for his care of the many backyard plants and also for the hours he has spent upgrading our IT related equipment. Thank you ever so much Chuck, you are appreciated.

I also want to thank **Wayne McClimans** for the many hours he has spent with Chuck caring for the many plants around the Post as well as cutting front and back lawns. You're awesome Wayne.

Our last member picnic on the 4th of July was very well attended. We distributed 224 wrist bands and collected \$804 from non-member guests. I want to thank **Kay and Russ Scott, Dee Yurko, and Shari Davis** for checking membership cards. Great job guys!

Thanks to John Mitchell for repairing our sprinkler system. John did an excellent job with repairs and gave a very significant Veteran discount on the overall cost. I definitely recommend John for all your sprinkler system needs. John can be reached at 720-232-0577.

AUXILIARY REPORT

Kay Scott

Post 178's 250th Independence Anniversary Celebration on July 4th was a grand success! Thank you, **Mitch Moore**, for the wonderful band on July 3rd, the Riders for a delicious dinner, the Riders again for your grilling expertise of burgers, brats, hot dogs, and all the sides that made the picnic memorable. Thank you, **Dita Alexander**, for all your hard work on the successful basket and auction items raffle.

A huge thank you goes to **Brad Hall** for replacing the pantry shelves and to **Nancy Carter** and **Joy Nichols** for helping me wash every pot and pan, lid and utensil. And then Joy put everything away! When you all see them, please give them a pat on the back for a job well-done.

Events coming soon include a **Vendor Fair**, Friday, September 11th from 8:00 a.m. to 2:00 p.m. It will be outside at the Post. Anyone is welcome to reserve a table (\$20) and sell your items.

The Annual Post 178 **Car Show and Bake Sale** is Saturday, September 19th.

SAL REPORT

Brad Hall

Well, the days are getting shorter, leaves are changing, and it's really hot. Must be August.

The SAL doesn't have anything special planned in August. Please attend a Friday Dinner or a Sunday Breakfast or two this month.

At this writing we still have not received our membership cards from the State organization, which is delaying our mailing them to members. Those of you who are waiting for a renewal membership or have signed up as a new member, or transfer, please be patient. We will process your membership as soon as possible.

The SAL will be doing ribs for the **Car Show** September 19th. So come get you some.

Thank a Veteran when you see one!



Reward Yourself. Volunteer at Post 178.

- Kitchen Help (Wednesday & Friday Night Dinners / Saturday & Sunday Breakfasts)
- Bingo (Thursdays and Saturdays)
- Gardening
- Snow Removal
- Car Show
- Celebrations of Life
- Birthday Parties
- Special Events

Sign-up Sheets are at the Volunteer Board around the corner from the Pickle Cage

Post Picnic Celebrates America's 250th Birthday



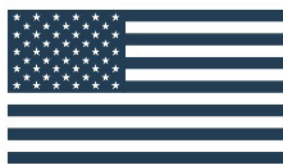
Col. James Harvey Turns 103



Thank You Debbie Libonatti (above left) for baking 7 delicious cakes plus lots of cupcakes for Col. Harvey's Birthday Party. You are truly appreciated.

Thank You volunteers for Col. Harvey's Birthday Celebration: Alysyn-Harvey-Green, Judy Myers, Shari Davis, Karen Zierys, Kay Scott, Wayne McClimans, and Dave Dupree.





THANK YOU FOR SERVING

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I am a local independent insurance agent. I can help you understand how your many healthcare options work together, so that you can craft a portfolio of coverage that takes advantage of all that's available to you. Schedule a one-on-one appointment or attend a meeting in your area to learn more.

**VETERANS AND
MEDICARE
JOIN US FOR AN
EDUCATIONAL EVENT**

AUGUST 27, 10-11 AM
POST 178
1655 Simms St
Lakewood, Co 80215

**DON'T LEAVE
ADDITIONAL BENEFITS
ON THE TABLE! COME
FIND OUT MORE!**



Lindsey White - Archwell Health
Alyssa Burgos - Medicare Advisor - QBS
720-832-9200
LICENSE NUMBER 837772



Not connected to the Federal Medicare program. This is a solicitation for insurance.
For accommodations of persons with special needs at meetings, call the agent phone number and TTY 711.

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