



# THE AMERICAN LEGION

*"The Friendly Word" from "The Friendly Post"*

1655 Simms Street

Post 178

Lakewood, CO



## Day in a Soldier's Life at Fort Hays, Kansas in 1870

Fort Hays was active from 1865 to 1889 and re-opened as a historical park in 1929. It was originally tasked with protecting stage and freight wagons traveling the Smoky Hill Trail from Cheyenne and Arapahoe attacks. Due to continued raids the stage line went bankrupt and the trail closed.

In 1867 the Fort was relocated to a 7,500 acre site five miles to the north where it would be closer to the Union Pacific Railroad being constructed parallel to the Smoky Hill Trail and better able to act as a supply depot

for settlers arriving to establish nearby Hays City.

Daily life at Fort Hays was organized by a series of bugle calls. Some calls were borrowed from foreign armies. Reveille was taken from the French, 1st Sergeants Call from the Germans, and Retreat can be traced back to the Crusades. Tattoo was originally used during the Thirty Years War as a signal to "turn the tap to" and cease the night's beer drinking.

*Sources: Kansas Historical Society, National Park Service, wikipedia*

<b>Reveille</b>	<b>6:00 a.m.</b>	<i>Rise and shine. Over sleepers were confined to the guardhouse.</i>
<b>Assembly</b>	<b>6:15 a.m.</b>	<i>Formation at barracks for roll call.</i>
<b>Call to Colors</b>	<b>6:30 a.m.</b>	<i>Raising of the flag.</i>
<b>Stable Call</b>	<b>6:40 a.m.</b>	<i>Feed, water, and care for your horse.</i>
<b>Surgeons Call</b>	<b>7:10 a.m.</b>	<i>Ailing soldiers collected and taken to the Post hospital.</i>
<b>Mess Call (Breakfast)</b>	<b>7:30 a.m.</b>	<i>Morning meal served.</i>
<b>Fatigue Call</b>	<b>8:00 a.m.</b>	<i>Soldiers perform repair and maintenance tasks to Post facilities.</i>
<b>Guard Mount</b>	<b>9:00 a.m.</b>	<i>Changing of the Guard detail at the guardhouse.</i>
<b>Drill Call</b>	<b>10:00 a.m.</b>	<i>Assemble and practice drills.</i>
<b>Recall from Drill</b>	<b>11:00 a.m.</b>	<i>Drills ended.</i>
<b>Stable Call</b>	<b>11:00 a.m.</b>	<i>Feed, water, and care for your horse.</i>
<b>Recall from Fatigue</b>	<b>11:45 a.m.</b>	<i>Fatigue duties ended.</i>
<b>Mess Call (Dinner)</b>	<b>12:00 p.m.</b>	<i>Noon meal served.</i>
<b>Fatigue Call</b>	<b>1:00 p.m.</b>	<i>Soldiers perform repair and maintenance tasks to Post facilities.</i>
<b>1st Sergeants Call</b>	<b>1:00 p.m.</b>	<i>Called all 1st Sgts. to the Adjutant's office in the Blockhouse.</i>
<b>Drill Call</b>	<b>2:00 p.m.</b>	<i>Assemble and practice drills.</i>
<b>Recall from Drill</b>	<b>3:00 p.m.</b>	<i>Drills ended.</i>
<b>Recall from Fatigue</b>	<b>4:20 p.m.</b>	<i>Fatigue duties ended.</i>
<b>Call to Dress Parade</b>	<b>4:30 p.m.</b>	<i>Formal parade in full uniform on the parade ground.</i>
<b>Stable Call</b>	<b>5:15 p.m.</b>	<i>Feed, water, and care for your horse.</i>
<b>Mess Call (Supper)</b>	<b>6:00 p.m.</b>	<i>Evening meal served.</i>
<b>Retreat and Call to Colors</b>	<b>7:00 p.m.</b>	<i>End of day's activities and lowering of the flag.</i>
<b>Tattoo</b>	<b>8:30 p.m.</b>	<i>All soldiers sent to quarters and sentries begin challenging.</i>
<b>Taps</b>	<b>9:00 p.m.</b>	<i>All lights out except by permission of the Commanding Officer.</i>

*— Some times subject to seasonal change*

### Arvada Junior Pistol Team Places 3rd at Junior National CMP Air Match

*Details Upcoming in the March Newsletter*

## LEGION CHAPLAIN

Mary Johnson

February is a month to celebrate love in all its many forms: Love of friends, family, and your country are just a few. Many of us celebrate Valentine's Day with hearts and flowers. As we do, let's remember the fallen Veterans who gave all for loyalty and love of country. Let's ask for blessings for all Veterans and I will leave you with a powerful Bible verse:

*Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. (1 Corinthians 13: 4-8)*

## COMMANDER'S REPORT

Wes Vanderpool

As we embark on the month of February, I am compelled to express my deepest appreciation to the exceptional volunteers who tirelessly dedicate their time and energy to our Post. Your unwavering commitment is the heartbeat of our community, and it's your passion for service that truly sets us apart.

Our Post thrives because of the remarkable efforts of our volunteers. Whether you're organizing events, supporting your fellow Veterans, or ensuring the smooth functioning of our facilities, your contributions are the foundation upon which our Post stands. I urge each member to take a moment to recognize and thank the outstanding volunteers within our ranks. Their selfless acts not only enhance our collective experience but also uphold the values that **The American Legion** holds dear. Let us remember that our Post's strength lies in the hands of those who generously give of their time, skills, and hearts to make a positive impact on our community. Please show your appreciation for our volunteers for their indispensable contributions.

## SAL REPORT

Brad Hall

Christmas and New Year have come and gone, now all we must do is wait for Old Man Winter to loosen his grip on us and get some Spring going.

We have a date for our annual **Golf Tournament**; Friday, June 14, 2024. It will again be at **Applewood Golf Course**. Details will appear in the March newsletter.

I would like to give a "Thank You" to all the people who make the **SAL Sunday Breakfast** a regular thing



Auxiliary member **Ranya Kelly** accepts a check on behalf of **Warriors Warehouse** in the amount of \$1,000 from **Vets 4 Vets**, an organization in which many of our Special Forces Vets are members.

from \$8.00 to \$9.00. We don't feel that cutting portion size is the way to go, thus the extra dollar. We will lower prices if things settle down and wholesale prices drop.

## RIDERS REPORT

Steve Petersen

Greetings Post 178 and Happy New Year! So far we had a couple of Riders attend the Chilli Cook-Off at Post 22 in Thornton. So as a reminder, our **Chilli Cook-Off** is February 17th. The event starts at noon and will continue until Bingo is over. Tasting will be \$5, and a full bowl will be \$5. Did I mention that ANYONE can enter?! Competition will be tough so bring your best. Your entry must be at the Post by 11:30 a.m.

We want to give kudos to all those who volunteered their time working our **Friday Night Dinners** and a special thanks to the Sons for helping when we were short of help. We are all in this together. Thank you, and God bless America.

## Post Everlasting

Gary LaBelle, 12/27/2023

Rich Werth, 01/08/2024

## BUSINESS REPORT

*Bob Heer*

Thanks to **Rocky Mountain**, I contacted Xcel Energy and requested an energy assessment of our building be conducted at no cost to the Post. It has resulted in us being identified for free upgrade to LED lamps in our many florescent fixtures. The LED upgrade should be accomplished in February which ideally will result in a reduction in our electric consumption going forward. Thanks for bringing this program to my attention, Rocky.

I also want to thank **Kathy Schwab** and **Wayne McClimans** for taking down and storing our Christmas decorations. There is always a lot of excitement decorating for Christmas but a whole lot less enthusiasm taking the decorations down. Thanks again for your help.

Typically, the Legion only serves breakfast on the first and third Saturday of each month, however in February we will also have breakfast on the fourth Saturday which will be served by the SAL. For those of you who attend our **Thursday and Saturday Bingo** sessions, you have benefited from **Mark Ward** serving lunch. Mark is doing this strictly as an unpaid volunteer so gratuities are greatly appreciated.

## AUXILIARY REPORT

*Kay Scott*

The February Auxiliary meeting will be held on Tuesday, the 6th at 6:00 p.m. **Lori Kipp** will give us an update on the **"Hearts of Love" Military Care Package Project** and how we can become more involved with packing and sending the boxes as the Kipp's will be moving to Texas this coming Spring or Summer.

Again this year, paper hearts will be available close to the bar and for a donation of \$1 per heart or 6 for \$5, the hearts can be personalized and displayed above the bar making our Post festive for **Valentine's Day!** Proceeds from this project will provide for shipping Hearts of Love boxes. Thank you for your donations to support this effort.

Although plans are not yet "set in stone," Auxiliary members here at Post 178 and across the Front Range will soon be able to learn what the American Legion Auxiliary is all about. The **ABCs of the ALA Workshop** taught by Auxiliary leaders at Unit 2 in Pueblo will hopefully be held in our Hall on Sunday February 18th. Details will be announced as soon as possible.

Our **Wednesday Dinner Night** meals have been very successful as well as delicious. The first two Wednesdays in February, we will serve Burgers, Fish, Shrimp, with sides of Fries, Onion Rings, Baked Beans or Cole Slaw, all for a great price! On the third Wednesday, February 21st, we will serve a Patty Melt on marbled Rye and caramelized onions with sides of Fries or Onion Rings. On February 28th, we will certainly tempt your taste buds with Mexican Lasagna. Thank you ever so much to **Stephanie Vanderpool, Judy Myers, Shari Davis, Joy Nichols, and CJ** for giving your time and energy in January to help serve the dinners.

We all are so thankful that **Dee Yurko** and **Brian and Carol Conway** are on the mend from being ill. We all hope and pray our dear **Ranya Kelly** is also recovering.

## Changes Coming For Just Like Dad's Beef Jerky Program

*"Just Like Dad's" Beef Jerky to Deployed Troops is looking for long-term volunteers to carry on this amazing program at Post 178. The Jerky Couple, Randy and Lori Kipp, will be moving out of state in the Spring/Summer. We are very grateful for the work of regular volunteers Lori Kipp, Denny Bendt, and Terry Osterhaus, and other helpers Penny Polston and Bill Black.*

*We'd love to see this incredibly successful program continue at Post 178, but in order to do so four more regular volunteers are needed to join Denny and Terry.*

*The Kipps plan to take Just Like Dad's to the local Post wherever they land. Wouldn't it be great to have two programs in operation!*

*Thank you, Post 178, for the tremendous support over the past year and a half! Over 1,300 bags of beef jerky and 14 "Hearts of Love" Care Packages have been sent to deployed troops... not to mention all the jerky made available for Post 178.*

*Contact Just Like Dad's or Pushkva Ofs on Facebook for more information if you are willing to volunteer and be a part of this mission.*



*Beef Jerky makers Terry Osterhaus (l.) and Denny Bendt (r.) with Randy and Lori Kipp.*

# Join Your Friends For Great Food and Prices at SAL Sunday Breakfasts



## Sunday Breakfast Menu

Basic Breakfast (2 eggs, hash browns, toast, and bacon, sausage, or ham) .....	\$7
Cheese Omelette (3 eggs with choice of onion, peppers, mushrooms, sausage, bacon, ham and toast).....	\$9
French Toast (3 slices of Texas toast) .....	\$5
French Toast with bacon, sausage, or ham.....	\$7
Steak and 2 Eggs with hash browns and toast.....	\$15

## Once-A-Month Specials

Chili Rellenos (2) with green chili, 2 eggs, hash browns, and toast .....	\$8
Breakfast Burrito with green chili.....	\$8
Biscuits and Gravy with hash browns and bacon, sausage, or ham .....	\$8
Chicken Fried Steak with 2 eggs, hash browns, and toast.....	\$8
Eggs Benedict (2) on English muffins with hash browns.....	\$8
Huevos Rancheros (2 eggs on top of crisp tortilla, frijoles, hash browns, and green chili .....	\$7

## Lounge Beverages

Bloody Mary, Screwdriver, Mixed Drinks .....	\$3.75 to \$4.75
Beer on Tap or Bottled.....	\$2.75 to \$4.50
Coffee.....	Tip the Bartender if dining, otherwise \$1.50

