



THE AMERICAN LEGION



"The Friendly Word" from "The Friendly Post"

1655 Simms Street

Post 178

Lakewood, CO

Army Officer's Little Book Made Lasting Impact

Robert's Rules of Order was published in February 1876. It's origin can be traced to Union Army officer Henry Martyn Robert. He was a West Point graduate responsible for building fortifications on San Juan Island during the Pig War, and in Washington D.C. and Philadelphia during the Civil War.

Robert also developed the harbors of Green Bay and improved those in New York, Philadelphia and Long Island. He constructed locks and dams on the Cumberland and Tennessee rivers, and designed the Galveston, Texas seawall after the hurricane of 1900.

Despite his very productive military career, Robert is best known for his famous book of rules. While presiding over a meet-



ing at the First Baptist Church in New Bedford, Massachusetts, he lost control over the proceedings when attendees erupted into open conflict over the abolitionist issue.

His response was to write the *Pocket Manual of Rules of Order for Deliberative Assemblies* as a definitive guide for conducting meetings for all types of organizations. Over the ensuing years, the refinement of parliamentary procedure resulted in 11 editions and a name change to *Robert's Rules of Order*.

Robert was promoted to U.S. Army Chief of Engineers and rose to the rank of Brigadier General. He died in 1923 at age 86, and is buried at Arlington

National Cemetery.

—Nick Romano

You're Invited

Dewey Fries will celebrate his 95th birthday at Post 178 on Sunday, March 25th from 12:30 to 2:30 p.m. Everyone is invited. In lieu of gifts, a donation to Post 178 or the American Cancer Society is suggested. A one-hand, 5-player poker game will commence at 1:30 p.m. to showcase Dewey's considerable poker skills.

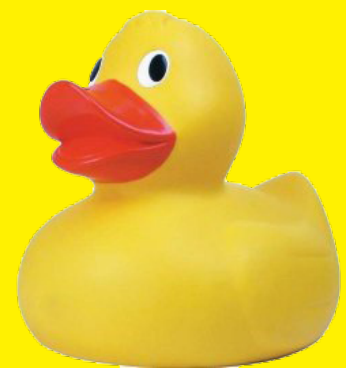


Duck Race Runs It's Course

After 21 years, the **Annual Great Clear Creek Duck Race** has sadly come to an end.

SAL officials at Posts 178 (Lakewood), 21 (Golden), and 17 (Edgewater) notified the Buffalo Bill Days committee of the decision to pull the plug on the event, citing increased vendor costs and decreases in prize donations and volunteer assistance.

Over the years the Sons have used the event to raise over \$90,000 for **The American Legion Child Welfare Foundation**, which provides grants to Children's Hospital, National Jewish, the Humane Society, and many other children's organizations across the country.



CHAPLAIN'S REPORT
Wayne McClimans

Where can we go without thinking about security?

"We are never more in

danger than when we think ourselves most secure, nor in reality more secure than when we seem to be most in danger."

—William Cowper

With March being community service month, we give thanks to all the volunteers who make a difference. Remember to turn in all volunteer hours for whatever you do at the Post. They count for the community, state, and nation. We're all one large family.

"I shall not pass this way again: Then let me now relieve some pain, remove some barrier from the road, or brighten someone's heavy load." —Eva Rose Park

COMMANDER'S REPORT
David Clinger

Greetings – hope everyone is enjoying the winter. Thanks to Punxsutawney Phil, we will see six more weeks of winter. February turned out to be busy with LOTS of events for all our members to participate in and enjoy.

Eleven members volunteered and successfully completed **CPR (Cardiopulmonary Resuscitation) Training**. Now that's the definition of caring for family members. A list of those who completed the training is posted on the electronic information board in the lounge. In March, nomination of officers will be one of the focus points for the Legion, SAL, Auxiliary, and Riders.

Remember, choosing of leaders largely depends on their faithful service to the success of the organization and its programs. Nominations at the Post level need to be sent to the Executive Board for review.

As the next year begins July 1st, let's join and make this Post a more inviting place to visit with friendly greeters and a commitment to help each other. Thank you volunteers for your faithful service to members and to the guests that visit and enjoy the Post and its numerous events and programs. More exciting news coming next newsletter!!

—For God and Country, David Clinger

ADJUTANT'S REPORT
Bill Radunz

Legion membership stands at 92%. SAL is at 65%. Friday, March 30th (5th Friday); **Spaghetti Dinner** 5:00 to 7:30 p.m. with meatballs or Italian sausage, garlic bread, and salad. Entertainment 6:30 until 9:30 p.m. **Karaoke by James Stroman with Cosmic**

Entertainment LLC.

SAL REPORT
Brad Hall

Not much going on right now, but hopefully the weather will soon be nicer so we can relax outdoors a bit.

Post 178 Junior Rifle Team Coach Keith Roberts reports that SAL-sponsored fundraisers at the Post last year raised \$2,070 needed for equipment and ammunition for 2018. He adds that the program is now enjoying 50/50 male/female participation.

If you would like to help in the kitchen on Sundays, please let **Dave McBrien** or me know and we will sign you up. We don't only need cooks, so all help is appreciated.

\$1,000 NO-COST LegionCARE Accidental Death Insurance

As a member of the Legion Family, you're eligible for up to \$5,000 of NO COST TO YOU accidental death insurance coverage.

Your beneficiary will receive a check for \$5,000.00 if you suffer a fatal covered accident while you are traveling to or from or participating in any covered event conducted for Legion business, or \$1,000.00 for all other fatal covered accidents. You pay nothing for this coverage.

As much traveling as our volunteers do for Legion and Post business, conventions, and other events, this is coverage all Legion members should have.

To claim your FREE NO-COST Accidental Death Benefit go to the Legionnaire Insurance Trust Website and follow the instructions: <https://www.thelit.com/no-cost-legioncare>. —Nick Romano

Please pray for members and families.

Sick Call

Bruce Wandry—St. Joseph Hospital #7117
George Thein—Cambridge Care Center #106

Final Roll Call

Frank Heber—Navy—Korea—02/09/18
Ronald Johnson—Vietnam—Army—02/07/18

The **Fish/Steak Fry** on February 23rd gave Dave a break in the kitchen. I will have the results in the next newsletter.

Thanks ahead of time to **Randy Baria** and **Bob Black** for their support of the SAL (will give credit to other help next month).

Don't forget, **Randy Baria, Bob Black and Bill Black** will be doing their now famous **BBQ Baby Back Ribs** on Friday, April 9th. Price will be \$10.00 per plate and there will be a band. This is always a superb feed, so come on down, listen to the band and enjoy the food.

So proud that 11 members (7 pictured) volunteered to attend the CPR class in February. (February is National Heart Month. 1 in 4 deaths is attributed to heart attacks).

Our family at Post 178 is special and we would like to see them around for as long as possible. Each of these eleven volunteers, having successfully completing the class, are our assurance that if we are having chest pain or go into cardiac arrest, we can count on their help.

—David Clinger, Commander



JUDGE ADVOCATE

Nick Romano

Colorado Boys State 2018 will take place June 9—15 at the University of Colorado in Colorado Springs. Registration is open through May 1st. Males who will have completed their junior year of high school and who have at least one semester remaining are eligible. Selections are made based on leadership, character, scholarship, loyalty, and service in their schools and community.

Boys State has been an American Legion Program of the National Americanism Commission since 1935. Colorado Boys State began in 1949. The purpose is for future leaders to learn about the rights, privileges, duties, and responsibilities of citizenship and government.

Post 178 annually sponsors eligible students at a cost of \$200 each. We'll provide the application and registration forms. Candidates must write a letter describing why they wish to attend Boys State. College scholarships of up to \$10,000 are available courtesy of Samsung Electronics and Appliances Group, and college credit may be earned by attending.

If you know of a candidate, please contact Nick Romano: 720-692-1640. If you are a Boys State alumnus, I would like to publish your experiences in Legion media outlets. For more information about Colorado Boys State, and to learn about scholarship opportunities, go to <http://colegionboysstate.org/apply-today/>.

AUXILIARY REPORT

Judy Myers

Our biggest project this month is the **St. Patrick's Day Feast**.

Food will be served from 11:00 a.m. until 7:00 p.m. for \$8.50/plate. Volunteers are still needed. Sign up sheets are on the bulletin board. There will also be a party in Janssen Hall in the afternoon in honor of **Russ Gleason's** birthday. We're all invited to come listen and dance to the **Country Road One Band** from 6:30 to 9:30 p.m.

Shamrocks are on sale at the bar for \$1 each or 6 for \$5. Proceeds go to active duty military families.

We're still looking for candidates for **Girls State**, so if you know any girls who are juniors this year and who would be interested in learning more about how our state government runs please let me know. This is a fantastic opportunity and it's all free to them.

Our **4th Wednesday Dinner** March 28th will be delicious Roasted Rosemary Chicken served with potatoes and a vegetable.

Long time officer and past president, **Dee Yurko**, will be having knee surgery on March 12th. Let's all wish her well.

Welcome

NEW AND TRANSFER MEMBERS

S. Robert Bieseimer—Grenada—Army
 Bruce Campbell—Korea—Navy
 Patricia A. Frazer—Gulf—Air Force
 Ray Sealman—Korea—Army
 David S. Bralish—Grenada—Army
 Miguel I. Flores—Vietnam—Army
 Lisa M. Matzke—Gulf—Army
 David Patterson—Vietnam—Air Force
 David Allen Anderson—Korea—Air Force
 William R. Torrez—SAL
 Edmond J. Roehre—SAL
 Tyler H. Bame—SAL
 Steve A. Druckenmiller—SAL
 Allan M. Merr—SAL
 Jeff N. Metcalf—SAL
 Michael R. Shefontiuk—SAL
 Joshua M. Torrez—SAL

LAKEWOOD AMERICAN LEGION POST 178

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Mickey West, Auxiliary Chaplain 303-238-0039

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Bob Heer, Post Manager 303-234-0178
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Lounge and Dining 303-232-4041

Lounge Hours*

Mon.—Thurs.	11:00 AM to 12:00 Midnight
Fri.	11:00 AM to 2:00 AM
Sat.—Sun.	9:00 AM to 12:00 Midnight

*Bartenders may close earlier on slow nights.

BULLETIN BOARD



St. Patrick's Day

*Corned Beef & Cabbage
Prepared and Served by
the Women's Auxiliary
11 AM until gone*

SMOKEY BONES SMOKED BABY BACK RIBS



FRIDAY, MARCH 9 — 10 — 5 PM UNTIL GONE

Friday, March 30th

Karaoke Night

6:30 to 9:30 PM

Spaghetti Dinner 5 to 7 PM

BUSINESS REPORT

Bob Heer

The Post will be hosting a **Life Line Screening** event on April 4. Pre-registration is

required. Call **1-888-653-6450** to schedule your appointment and receive a \$10 discount. For more information, flyers are available in the lounge.

We have several individuals to thank this month for doing repairs at the Post: **Doug Schwab** for refinishing the swinging doors into the bar, **Bill Beard** for replacing the 30-year-old carpet on the pull tab counter,

and **Frank Spano** for his design of a door for our AED machine and running the necessary wire for the administration office security camera, which he also paid for. Great job guys!



The Super Bowl gang ate, drank, and all but one or two of them celebrated the Eagle's victory over the Patriots.

We have a new weekend bartender, **Chrissie Garri-tano**, on staff. If you haven't met her yet please stop in and get acquainted.

There will be no breakfast on March 17th because the kitchen is needed for preparation of the traditional **St. Patrick's Day Corned Beef and Cabbage** meal prepared by the Auxiliary.